

CLAIMS

1. A cosmetic composition which comprises sodium ions,
potassium ions, calcium ions, magnesium ions, chlorine ions
5 and HCO_3 ions in a molar concentration proportion equal to
that in the extracellular fluid of mammals, and further
comprises glucose in a concentration of 0.05 to 0.15 mol/L
and sodium glutamate in a concentration of 0.01 to 0.03
mol/L.

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2. The composition according to Claim 1, which is a skin-
lightening cosmetic.

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3. The composition according to Claim 1, which is a
cosmetic for skin rejuvenation.

4. The composition according to Claim 1, which is an
aqueous solution.